

**Monday**

**Lunch**

Chicken & Leek Pie  
Vegetable Pie  
Served with Vegetables, Mash & Gravy  
Upside down Pineapple Cake

☺☺

**Afternoon Tea**— Almond Sponge

☺☺

**Supper**

Minted Pea Soup  
Jacket Potato with Cheese & Beans  
Tuna Sandwiches  
Egg Mayonnaise & Tomato Sandwiches  
On a selection of white or brown bread

☺☺

Pears & Cream

**Friday**

**Lunch**

Battered Cod & Chips  
Macaroni Cheese  
Served with Mushy Peas  
Almond Sponge Cake

☺☺

**Afternoon Tea**— Coconut Cake

☺☺

**Supper**

Vegetable Soup  
Sausage, Mash & Gravy  
Cheese & Onion Sandwiches  
Ham & Pickle Sandwiches  
On a selection of white or brown bread

☺☺

Orange Jelly & Fruit

**Tuesday**

**Lunch**

Fish Pie with Country Mixed Veg  
Potato & Onion Pie with Veg Gravy  
Served with vegetables & Parsley Sauce  
Apple Crumble & Custard

☺☺

**Afternoon Tea**— Lemon Drizzle

☺☺

**Supper**

Potato & Leek Soup  
Cheese & Tomato Pasta  
Chicken & Mayonnaise Sandwiches  
Cheese & Pickle Sandwiches  
On a selection of white or brown bread

☺☺

Strawberry Jelly

**Saturday**

**Lunch**

Pork Goulash  
Vegetable Goulash  
Served with Rice  
Rice Pudding

☺☺

**Afternoon Tea**—Fruit Cake

☺☺

**Supper**

Carrot & Coriander Soup  
Ham, Eggs & Hash Brown  
Chicken Mayonnaise Sandwiches  
Egg Mayonnaise Sandwiches  
On a selection of white or brown bread

☺☺

Trifle

**Wednesday**

**Lunch**

Beef Lasagna  
Spinach & Potato Curry  
Served with Rice  
Chocolate Sponge & Chocolate Custard

☺☺

**Afternoon Tea**—Victoria Sponge

☺☺

**Supper**

Curried Cauliflower Soup  
Cod Goujons & Wedges  
Corned Beef & Pickle Sandwiches  
Ham & Tomato Sandwiches  
On a selection of white or brown bread

☺☺

Chocolate Orange Mousse

**Sunday**

**Lunch**

Roast Beef with Yorkshire Puddings  
Vegetable Hot Pot  
Served with all the trimmings  
Sultana Sponge & Custard

☺☺

**Afternoon Tea**—Chocolate Cake

☺☺

**Supper**

Lentil & Potato Soup  
Pizza & Salad  
Ham & Pickle Sandwiches  
Cheese & Tomato Sandwiches  
Corned Beef Sandwiches  
On a selection of white or brown bread

☺☺

Strawberry Mousse

**Thursday**

**Lunch**

Shepherds Pie  
Quorn Pie  
Served with Vegetables & Gravy  
Semolina

☺☺

**Afternoon Tea**— Apricot Cake

☺☺

**Supper**

Tomato & Basil Soup  
Sausage Roll & Beans  
Egg & Tomato Sandwiches  
Tuna Mayonnaise & Cucumber Sandwiches  
On a selection of white or brown bread

☺☺

Eton Mess

**“Outstanding Food at Alban Manor”**



If you have any allergies please let the chef know. Chocolate and Snacks are available on all tea trolleys. If there is anything different you would like please ask our Chef. Please let us know if there is anything that you would like changing. We welcome suggestions

**Selections available every day**

**Breakfast**

Tea or coffee  
Apple, Orange & Cranberry juice  
Choice of Cereals  
Toast  
White or Wholemeal rolls  
Marmalade, Jam, Marmite  
Selection of Eggs  
Full English Breakfast

**Morning Tea**

Tea or Coffee  
Choice of Fruit Squashes  
Biscuit Selection  
Assorted Sandwiches  
Milkshakes

**Lunch**

Daily Main Meal  
Daily Vegetarian Option  
Seasonal Vegetables  
Daily choice of Potatoes  
Assorted Omelettes  
Choice of Salads  
Sausages  
Jacket Potatoes with a selection of toppings

**Dessert**

Ice Cream  
Assorted Mousse's  
Homemade Yoghurt  
Fresh Fruit  
Tea or Coffee

**Afternoon Tea**

Tea or Coffee  
Choice of Fruit Squashes  
Homemade Cakes  
Biscuit Selection  
Assorted Sandwiches  
Milkshakes

**Supper**

Daily Supper Meal  
Choice of fruit Squashes  
Bread & Butter  
Assorted Sandwiches  
Cheese & biscuits  
Fresh Fruit  
Tea or Coffee

**Evening Tea**

Tea or Coffee  
Choice of Fruit Squashes  
Hot Chocolate  
Ovaltine  
Horlicks